

A NATURAL SODA GOOD FOR HEALTH&NBSP;

Reference : KEFIR



Microbial strain to make a natural soda

Learn while having fun!

Have your students make a natural soda from a mixture of strains of micro-organisms that they can observe!

Why does my soda fizz Between the respiration and dissolution of gases depending on the temperature, tackle interesting themes around a simple drink!

Composition for several litres of soda:

Train of fruit KEFIR, 4 g (*Saccharomyces cerevisiae*; *Lactococcus lactis*; *Leuconostoc mesenteroides*; *Lactobacillus paracasei*).

Necessary material:

- a lemon, ideally dried figs
- food sugar
- Erlenmeyer flask, jar or bottle with cap
- stereo microscopes or microscopes for observation